

24th Annual
5K RUN/WALK FOR SHELTER



SHELTER
 FOR HELP IN EMERGENCY

working to end domestic violence in our community

Virtual Edition!

Run to show survivors that our community cares about them, to become a part of the solution in ending domestic violence, in memory of a loved one, or to celebrate a local survivor. Share why you run when you register!



When: October 1 - October 31

Where: Anywhere! You can run our course or one of your favorites!

Registration Cost: \$30

Participants receive a cloth face mask featuring the Shelter logo.
 Results will be posted on our website and social media on November 7.

**Run for Peace in the Home! Run for Hope in our Hearts! Run for Safety for ALL!
 REGISTER ONLINE AT [RUNSIGNUP.COM](https://runsignup.com)**

5K Run/Walk for Shelter Virtual Edition Registration

CHECKS PAYABLE TO: SHELTER FOR HELP IN EMERGENCY | **MAIL TO:** P. O. BOX 1013, CHARLOTTESVILLE, VA 22902

NAME: _____

ADDRESS: _____

EMAIL (for registration confirmation): _____ AGE ON RACE DAY: _____ GENDER: F M

I WOULD LIKE A SHELTER MASK MAILED TO ME: Y N I PLAN TO PICK UP MY MASK: Y N
 (Please call ahead at 434-963-4676 before picking up.)

I WOULD LIKE TO MAKE AN ADDITIONAL CONTRIBUTION OF:
 _____ \$15 to provide breakfast for mom & 2 children _____ \$45 to provide a safe night of shelter for someone in need
 _____ \$30 to provide school supplies for a child _____ Other _____

CASH/CHECK TOTAL: \$ _____ OR CREDIT CARD TOTAL: \$ _____

CREDIT CARD #: _____ EXP. DATE: _____

NAME AS IT APPEARS ON CARD: _____

I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, traffic and the conditions of the road. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Shelter for Help in Emergency, its staff, Board, volunteers, Ragged Mountain Running Shop, the City of Charlottesville, and all race sponsors from all claims or liabilities of any kind arising out of my participation in this event. I give permission for the Shelter for Help in Emergency to use any photography with my or my children's image for promotional purposes. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my entry fee will not be refunded.

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN: _____

(If registrant is under 18, form must be signed by parent or guardian.)