

# ANNUAL REPORT

JULY 2017–JUNE 2018



**SHELTER**  
FOR HELP IN EMERGENCY

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working to end domestic violence in our community

P.O. Box 1013, Charlottesville, Virginia 22902

[www.shelterforhelpinemergency.org](http://www.shelterforhelpinemergency.org) • [info@shelterforhelpinemergency.org](mailto:info@shelterforhelpinemergency.org)

Community Outreach Center: (434) 963-4676 • 24-hour Crisis Hotline: (434) 293-8509



The Shelter offers a variety of services designed to empower victims of domestic violence and create a community of support.

**24-hour hotline and safe shelter** for those in immediate need of support and a safe place to stay.



**1,201**  
hotline calls  
*answered by experienced staff and trained volunteers*



**5,897**  
nights of safety provided



**251**  
adults & children were given emergency shelter



**20.63**  
average number of hours of supportive services provided to adults and children seeking help

**Support services** for individuals and families experiencing domestic violence, including counseling, case management, legal advocacy, Spanish-language outreach, and child/teen youth programs.



**314**  
outreach clients  
*who did not stay in our residential facility, but received counseling, legal advocacy and support services*

**100% of survey responses from victims indicates they are able to consider next steps, plan for their safety, and know more about community resources.**

## PROGRAM HIGHLIGHTS

**Trauma-Informed Mental Health Services:** With an unexpected grant from the Virginia Department of Criminal Justice Services (DCJS) for new initiatives, the Shelter was able to begin providing on-site mental health services for both adults and children staying in shelter. This collaborative effort across three local NFPs (the Shelter, ReadyKids and The Women's Initiative), offers therapists on-site to provide trauma-informed counseling. Having these services offered in the residential facility eliminates many of the barriers our clients face in obtaining such services, such as transportation, stigma, and waiting lists. The clients love this program, and gain so much from having someone to talk with about the trauma they've experienced and how to manage it.

### Quotes from TIMHS partners

"The Women's Initiative is proud to partner with the Shelter for Help in Emergency and ReadyKids to provide integrated access to care for families residing in the shelter. Collaborative programming assures clients have mental health services that can respond to needs as they arise and reduces many of the barriers that prevent so many people from healing and recovery."

**Elizabeth Irvin, LCSW, Executive Director, The Women's Initiative**

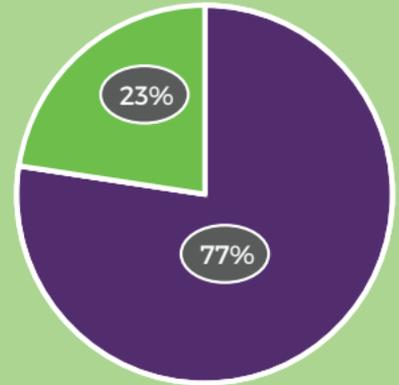
"Having a counselor on-site at the shelter eliminates so many barriers for kids who need this kind of help. We are able to meet them during a tumultuous time, provide coping skills, and plan for future safety, all without having to leave the security of the shelter. We are thrilled to have the opportunity to reach this vulnerable population in the moment when they need it most."

**Shannon Noe, LPC, CTS, Youth Counseling Program Manager, ReadyKids**

### Expenses

(\$1,224,573)

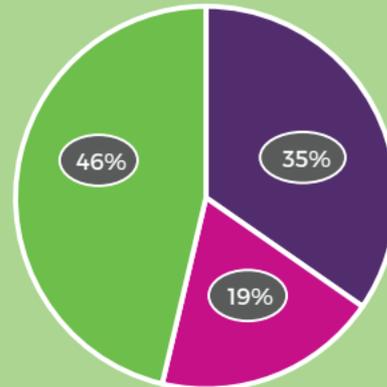
- Residential & Outreach Programs (\$947,819)
- Program Support (\$276,754)



### Income

(\$1,224,573)

- Donations (\$424,074)
- Local Government Grants (\$233,452)
- State & Federal Grants (\$567,047)



# Shelter Events...

Please Join Us!

Teen Dating Violence Awareness Month

Share the Love

Design House

Mother's Day Campaign

Golf Tournament

Health Fairs

Community Festivals

Domestic Violence Awareness Month

Candlelight Vigil

Brown Bag Lunch Series

PEACE Project

5k Run/Walk

Adopt-a-Family



5K Run/Walk 2017



Candlelight Vigil 2017



“The Shelter saved my life and reminded me who I was—not the victim of my abuser, not who he had made me, I was not trapped, I was free. Free to live a happy life, and my children and I are free from a home with a monster living inside it. I believe the Shelter to be God’s rescue for women and children living with abuse. It is not only a safe haven, but a rescue from the sadness and a pathway onto the light of life and happiness.”

**(Shelter client)**



*Peace on Earth Begins at Home Art Contest Winner 2017*



Design House 2017

**100% of community members attending presentations report learning new information to help them identify and respond to domestic violence.**

**Education and volunteer opportunities** for community members who wish to learn more about domestic/intimate partner violence or become involved in community solutions.



!

**250**

**number of  
volunteers**

*across the agency*

**6,539**

**volunteer hours**

### **Community Education/Training Programs**

In addition to providing services to individuals who have experienced domestic violence through our hotline, residential facility and outreach programs, the Shelter offers a variety of educational programs for the community on the dynamics of domestic/intimate partner violence, Shelter services, healthy relationships, and what you can do if someone you know is experiencing abuse. Talks and trainings are available for family and friends, youth groups, faith communities, civic organizations, and workplaces; all programs can be tailored to meet the needs of the group.

“I have learned a lot about myself here at this safe place. I call it ‘my safe place.’ Every day I wake up is a new start. A new day to get things done in my life without the worry of my abuser sabotaging my plans. The dark path that I was on is now lit with the light of the smiles and gleam in the eyes of the staff.” **(Shelter client)**



### **Pet Safe Program**

A pet represents many things in a family living with abuse – a source of comfort and support, a friend to a lonely and scared child, or an empathetic bond between a victim and an abused animal. Many abusers will threaten, injure, maim, or even kill the family pet in an effort to maintain control or enact revenge on their victims. Between 25% and 40% of women choose to stay in fear of what my happen to their pets if they were to leave their abuser. Recognizing this dilemma for victims, the Shelter for Help in Emergency created a Pet-Safe Program in 2004 allowing clients to be able to seek the safety and security of the Shelter while their beloved pets are fed, housed, loved, and given medical care by an amazing group of volunteers.



I feel very fortunate to be able to contribute my time and treasure to an organization so focused on healing, supporting and empowering community members who have become victims of domestic violence. There is great satisfaction in knowing that I am adding to the organization's mission in a meaningful way and my involvement is rewarded by witnessing the caring, invested professionals at the Shelter consider the best interest of their clients in every decision (including financial) they make, resulting in life saving outcomes. I know my time and donations are always valued and have the potential to powerfully impact the life of a member of my community.

– Laurie Jones, Volunteer



## **PLEASE JOIN US!**

Consider giving freely of your time, talents and treasure.  
For more information on what you can do to help, please call the  
Shelter's Community Outreach Center at **434-963-4676**.

**Offering peace, hope and safety to those experiencing domestic violence.**

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